

## LESSONS SUMMARY

Year/Stage	Name	Australian Curriculum Reference
<b>HPE Foundation</b>	People who help us: what is a volunteer?	Identify people and protective behaviours that keep themselves safe and healthy (ACPPS03)
	Exploring volunteering through circle time (suite of 3 lessons)	Identify personal strengths (ACPPS001) Practise personal and social skills to interact with and include others (ACPPS004) Identify and describe emotional responses people may experience in different situations (ACPPS005) Identify actions that promote health, safety and wellbeing (ACPPS006)
<b>HPE Years 1 and 2</b>	Exploring volunteering through circle time (suite of 3 lessons)	Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities (ACPPS015) Recognise situations and opportunities to promote health, safety and wellbeing (ACPPS018) Describe ways to include others to make them feel that they belong (ACPPS019) Explore actions that help make the classroom a healthy, safe and active place (ACPPS022)
	Getting help in emergencies (1)	Practice strategies students can use when they need help with a task, problem or situation (ACPPS017)
	Getting help in emergencies (2)	Describe how respect, empathy and valuing difference can positively influence relationships (ACPPS037)
<b>HPE Year 3</b>	Volunteering and me  (This unit also covers English curriculum elements and can be found in the English section)	Describe how respect, empathy and valuing difference can positively influence relationships (ACPPS037)
<b>HPE Year 5</b>	Why volunteer?	Explore how participation in outdoor activities supports personal and community health and wellbeing and creates connections to the natural and built environment (ACPPS059)

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<b>HPE Years 7 and 8</b>	Interacting for health and wellbeing	Investigate the benefits of relationships and examine their impact on their own and others health and well-being (ACPPSO74)
<b>HPE Years 9 and 10</b>	Volunteering: build your purpose	<p>Plan, implement and critique strategies to enhance the health, safety and wellbeing of their communities (ACPPS096)</p> <p>Plan and evaluate new and creative interventions that promote their own and others' connection to community and natural and built environments (ACPPS097)</p> <p>Critique behaviours and contextual factors that influence the health and wellbeing of their communities (ACPPS098)</p>