

MAPPING VOLUNTEERING TO HEALTH AND PHYSICAL EDUCATION: FOUNDATION — YEAR 10 CURRICULUM

This mapping represents just a sample of the places volunteering practices and principles could be inserted into this curriculum area.

Year Level	Personal, Social and Community Health	Movement and Physical Activity	Sample Activity
Foundation	Identify people and demonstrate protective behaviours that help keep themselves safe and healthy (ACPPS003).		Identify volunteers in the community that are here to help. Invite volunteers to meet students and explain what a volunteer is.
		Explore how regular physical activity keeps individuals healthy and well (ACPMP010).	Explain how adults volunteer to help us with games and sports.
Years 1 and 2	Describe ways to include others to make them feel that they belong (ACPPS019).		Discuss how volunteers help us and make us feel that we belong.
		Identify rules and play fairly when participating in physical activities (ACPMP032).	Demonstrate how the volunteers who act as referees help us to play better. Talk about what a volunteer referee or umpire is.
Years 3 and 4	Identify and practise strategies to promote health, safety and wellbeing.		Include discussion about the benefits of giving and service, and how meaningful and long-lasting happiness comes from doing things for others.
	Participate in outdoor games and activities to examine how participation promotes a connection between the community, natural and built environments, and health and wellbeing (ACPPS041).		Invite coaches, referees and team managers to speak to the class about how being a volunteer connects them to the community.

Year Level	Personal, Social and Community Health	Movement and Physical Activity	Sample Activity
Years 5 and 6	Investigate community resources and strategies to seek help about health, safety and wellbeing (ACPPS053).		Ensure that volunteer and not for profit organisations such as Kids Help Line are included.
	Plan and practise strategies to promote health, safety and wellbeing (ACPPS054).		Students should discuss how someone becomes a volunteer for the organisations identified in the previous activity.
	Practise skills to establish and manage relationships (ACPPS055).		Students act as volunteers in a local aged care facility to engage in conversations with an identified resident as a companion.
Years 7 and 8		Compose and perform movement sequences for specific purposes in a variety of contexts (ACPMP081).	Students volunteer to teach their composition at a local primary school.
		Practise and apply personal and social skills when undertaking a range of roles in physical activities (ACPMP086).	Students train to be a coach for a group of younger children and volunteer their time at a local sporting club (for example football, dance or swimming).
Years 9 and 10	Plan and evaluate new and creative interventions that promote their own and others' connection to community and natural and built environments (ACPPS097).		Students devise a community volunteering activity that allows them to use their own personal skills and then engage in the activity for a school term.
	Critique behaviours and contextual factors that influence the health and wellbeing of their communities (ACPPS098).		Students conduct a study of the extent and impact of volunteering in their local community.