



E1: Innovations across the nation

Innovations Across the Nation Volunteers at Self Help Addiction Resource Centre

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Australian Volunteering Conference Canberra 13th February 2023



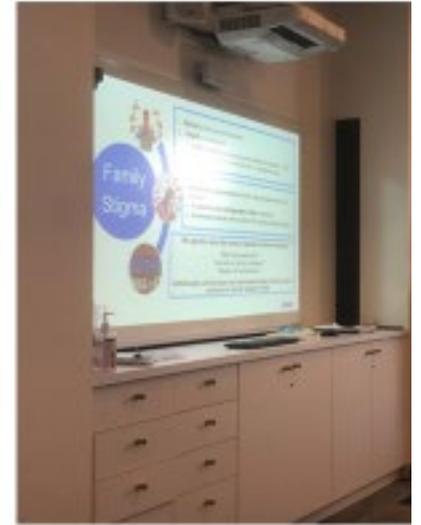
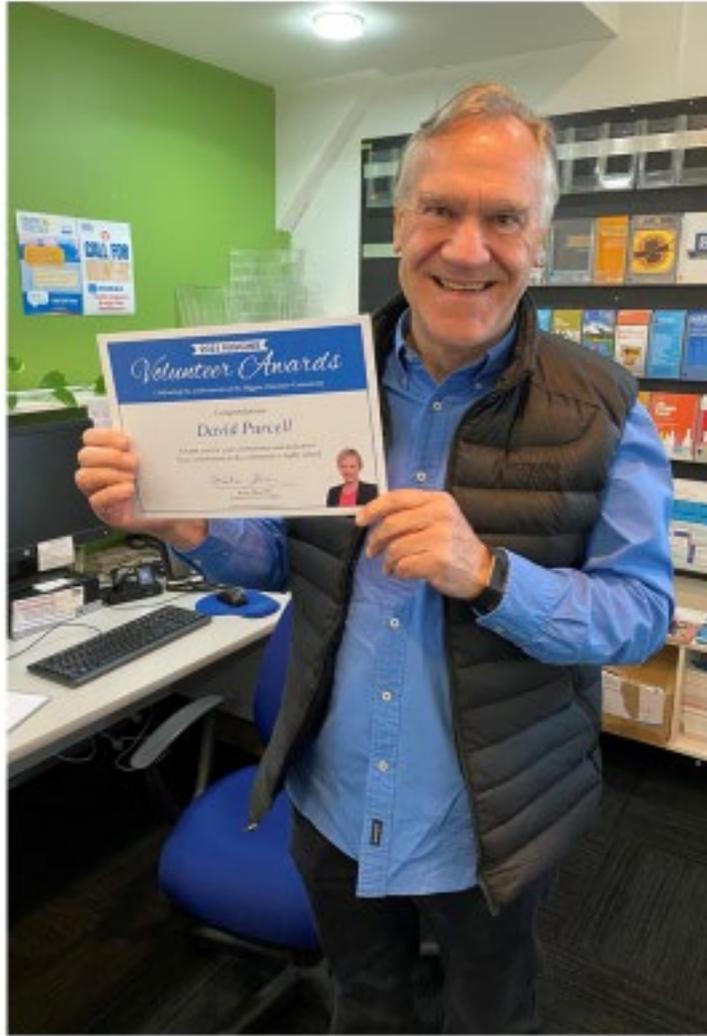
Overview

- Volunteering at SHARC
- Power of lived experience
- Silver lining of COVID
- Innovations in volunteering



Volunteering at SHARC

- Family Drug and Gambling Help has over 70 volunteers with lived and living experience of the impact of a loved one's alcohol & other drug use/and or gambling
- Statewide service in Victoria
- Helpline – 1300 660 068
- Support Groups
- Family education groups
- Three Sides of the Coin
- Volunteering in other programs of SHARC









The golden seam

- Kintsugi is the Japanese art of putting broken pottery pieces back together with gold — built on the idea that in embracing flaws and imperfections, you can create an even stronger, more beautiful piece of art.
- This is the hope, where volunteering brings meaning, support and change through lived and living experience
- COVID and how volunteering has changed

Three Side of the Coin

- Story telling authored by volunteer's lived experience to promote awareness, advocacy and hope about gambling harm
- <https://threesidesofthecoin.org.au/video-stories/>





Helpline

- Volunteering is based at SHARC, 140 Grange Rd, Carnegie, Melbourne
- Opportunities for remote telephone volunteering
- Extraordinary breadth of experience brought by volunteers
- Volunteers adding value from diverse backgrounds



Support Groups

- Families and affected others coming together at face-to-face sites across Melbourne and regional Victoria
- Since COVID, continued use of remote groups via online platforms – Zoom
- Enhanced reach, connection and support
- With participants from around the world!
- Truly, you are not alone.



Thank you! Questions?

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